

# OMEGA LIGHT THERAPY CONSENT FORM



## What is LED Light Therapy?

LED Light Therapy is a non-invasive form of phototherapy, where different wavelengths of light penetrates deep into the body. This light stimulates cellular repair and skin regeneration, helping to rejuvenate skin and release toxins from cells.

## How does LED Light Therapy work?

The production of collagen in our skin begins to decrease as we age and as a result, wrinkles begin to form as elasticity lessens. Low wattage light is directed through the skin's epidermis and aimed at fibroblast cells, which produce collagen and elastin. The light stimulates the cell's own energy transport system, helping nurture and renew the skin.

## Benefits of LED Light Therapy

LED light therapy can help treat various skin conditions and can be safely used on a wide range of skin types. Because of the low-intensity and specific wavelength control of the light-emitting diode, there is no thermal damage to the epidermis and the healing effects will continue beyond the appointment time! LED Light Therapy also helps to:

- Prevent and repair aging skins
- Smooth fine lines and wrinkles
- Boost collagen and elastin production
- Improve skin tone and texture
- Aid cell detoxification, helping in the prevention and treatment of glycation
- Increase blood circulation and lymphatic drainage in the target area
- Improve lasting hydration in the skin
- Treat active acne, dermatitis, rosacea, and psoriasis
- Strengthen the skin
- Prepare the skin pre and post UV exposure
- Provide powerful healing treatment, while reducing the potential of scarring
- Calm the melanocytes and improves pigmentation

## What are the side-effects of LED Light Therapy?

LED Light Therapy is considered safe and painless and there are no adverse side effects associated with the treatment.

## Do any of the following apply to you?

- |   |          |
|---|----------|
| ➤ Pregnant or breastfeeding                                       | Yes / No |
| ➤ Isotretinoin (Accutane, Roaccutane) or other similar medication | Yes / No |
| ➤ Tretinoin (Retin-A, Retinol)                                    | Yes / No |
| ➤ St John's Wort  | Yes / No |

Pictures may be obtained for clinical records. If pictures are used for education or marketing purposes, all identifying marks will be cropped or removed.

Initial: \_\_\_\_\_

I have read and agree to the information/treatment plan and give my consent to be treated with LED Light Therapy.

Full name: \_\_\_\_\_ Sign: \_\_\_\_\_

Date: \_\_\_\_\_ Contact: \_\_\_\_\_

## MY TREATMENT PLAN

Skin Concerns	Treatment Colour	Treatment Duration
<input type="checkbox"/> Blemishes <input type="checkbox"/> Acne <input type="checkbox"/> Oily Skin	<b>Blue LED</b>	_____min
<input type="checkbox"/> Hyper-pigmentation <input type="checkbox"/> Sun Spots <input type="checkbox"/> Discoloration <input type="checkbox"/> Acne Brown Marks	<b>Green LED</b>	_____min
<input type="checkbox"/> Redness <input type="checkbox"/> Facial Capillaries <input type="checkbox"/> Rosacea <input type="checkbox"/> Flushing <input type="checkbox"/> Sensitive Skin Type	<b>Yellow LED</b>	_____min
<input type="checkbox"/> Fine Lines and Wrinkles <input type="checkbox"/> Loss of Skin Firmness <input type="checkbox"/> Dark Circles under Eyes <input type="checkbox"/> Puffiness <input type="checkbox"/> Loss of skin tone	<b>Red LED</b>	_____min

Recommendations & Notes:

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